

SALADAS / SALADS

Salada de camarão e abacate

Camarão, folhas verdes, abacate e bacon estaladiço

Prawns, green leaves, avocado and crispy bacon pieces

€ 10.10

Salada tropical

Camarão, melão, papaia e manga com molho de limão e hortelã

Prawns, melon, papaya and mango with a lemon and mint dressing

€ 11.50

Salada Nicoise com atum fresco

Atum fresco, tomate, feijão verde, batata, cebola roxa, ovo e azeitonas com vinagre de coentros

Fresh tuna, tomato, green beans, potato, red onion, egg and olives with a coriander vinaigrette

€ 9.75

Salada do mar

Salmão fumado, camarão, arenque, abacate, chicória, rúcula, agrião, espargos, rabanetes e tomate cereja com vinagre de funcho e gengibre

Salad of smoked salmon, prawn, herring, avocado, chicory, rucula, watercress, asparagus, radish and cherry tomato with a dill and ginger vinaigrette

€ 11.50

Salada Tailandesa

Frango, cogumelos, tomates secos, rabanetes, rebentos de soja, corgetes, beringela, folhas verdes e cajú com molho de chilli doce e coentros (N)

Chicken, mushroom, sun dried tomatoes, beansprouts, courgette, aubergine and radish with mixed leaves and cashew nuts with a sweet chilli and coriander dressing (N)

€ 9.75

PETISCOS NIBBLINGS

Bolas crocantes de camarão servidas com batata frita e maionese de alho e coentros

Crispy prawn balls

served with French fries and a garlic and coriander mayonnaise

€ 8.50

Gorjonetes / Goujons

Palitos de pescada panados com batata frita e molho tártaro

Strips of whiting in batter with tartare sauce and French fried potatoes

€ 7.75

Gorjonetes / Goujons

Palitos de frango panados com sementes de papoila, com batata frita e molho de caril

Strips of chicken in poppy seed batter with a curry dip and French fried potatoes

€ 7.35

Asas de frango

Chicken wings

Estaladiças com batata frita simples, com molho chilli ou queijo azul

Crispy deep fried wings with French fried potatoes - plain or with a red chilli or blue cheese dip

€ 8.35

Batatas assadas

Jacket potatoes

Servidas com / served with:

Feijão de tomate e queijo gratinado (V)

Baked beans and gratinated cheese (V)

€ 6.65

Molho de carne picante

Spicy meat sauce

€ 7.20

Atum, milho e maionese

Tuna, sweetcorn and mayonnaise

€ 7.20

Salmão fumado com maionese e com queijo gratinado

Smoked salmon and mayonnaise with a cheese gratinée

€ 7.50

Bacon estaladiço, cogumelos, cebolinho e maionese com queijo gratinado

Crispy bacon, mushroom, chives and mayonnaise with a cheese gratinée

€ 7.50

SANDES / SANDWICHES

Servidas em Baguete ou Panini Quente

Served in a baguette or hot panini

Queijo e fiambre

Cheese and ham

€ 6.75

Atum, cebola, e maionese com tomate
Tuna fish, onion, and mayonnaise with tomato

€ 7.75

Prego grelhado com molho biarnês

Grilled steak with Béarnaise sauce

€ 9.80

Sandes clube / Club sandwich
Frango, fiambre, bacon, tomate, alface, ovo e maionese

Chicken, ham, bacon, tomato, lettuce, egg and mayonnaise

€ 9.65

Bacon, queijo brie e tomate

Bacon, brie cheese and tomato

€ 8.00

Legumes grelhados e queijo chévre (V)

Grilled vegetables and chévre cheese (V)

€ 7.75

Galinha, fiambre, queijo brie e abacate

Chicken, ham, brie cheese and avocado

€ 7.75

ESPECIAIS FOUR SEASONS FOUR SEASONS SPECIALS

Clube vegetariana / Vegetarian club
Abacate, beringela, alface, cenoura, espinafre, pepino, tomate, ovo e maionese (V)

Avocado, aubergine, lettuce, carrot, spinach, cucumber, tomato, egg and mayonnaise (V)

€ 7.00

Sandes de camarão / Prawn sandwich
Camarão, alface e molho de cocktail

Prawn, lettuce and cocktail sauce served in brown bread

€ 7.95

Todas as sandes, baguetes e paninis são servidas com batata frita ou salada mista
All sandwiches, baguettes and paninis are served with French fried potatoes or mixed salad

SNACKS

Hambúrguers / Burgers
Vaca ou frango / Beef or chicken

Hambúrguer simples

Plain burger

€ 7.30

Hambúrguer com bacon e queijo

Bacon and cheese burger

€ 8.70

Cachorro

Hot Dog

€ 6.65

Hambúrguer com queijo

Cheese burger

€ 8.50

Hambúrguer de legumes mistos servido com molho de tomate (V)

Mix vegetable burger served with tomato sauce (V)

€ 7.45

Batata frita

Portion of chips

€ 2.50

Todos as sandes e snacks são servidas com batata frita ou salada
All sandwiches and snacks are served with French fried potatoes or salad